OWNER'S MANUAL

"The Leader in Infrared Sauna Technology"
Dear Customer,

Congratulations on your decision to invest in your health by purchasing an infrared sauna. We want to thank you for choosing Vital Saunas for this purchase, and we are confident that you will enjoy the many benefits of using the sauna for years to come.

Carefully and thoroughly read this manual in its entirety before using the sauna for the first time. We recommend keeping this manual for regular review and future reference.

Vital Saunas attributes its growth and success entirely to our customer satisfaction, the recognized health benefits, and the quality of our workmanship. We use only the finest materials coupled with state-of-the-art construction and the highest safety standards in the industry.

You will be surprised the noticeable effects on pain relief, weight control, skin stimulation, and stress reduction due to an increased blood circulation when using the sauna.

Vital Saunas mission is to provide our customer with the highest quality product at the best price possible. We accomplish this by cutting out all the middle men and delivering the sauna to you straight from our manufacturing facility. However this does not mean that you will not receive quality customer service after the sale. Our support team is just a phone call or email away and will gladly assist you with any questions, or service issues that you may have. We look forward to a continued relationship with our customers. Please do not forget that a referral is the best compliment that you can give any company.

Thank you!
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**Conditions of Use**

1. Temperature from +5°C ~ +40°C (+41°F~ +104°F).
2. Relative humidity ≤ 85%
3. Depression: 700 ~ 1060hpa
4. Main Supply: AC 120/240V Frequency 60Hz
5. GFCI Outlet is not needed unless required by your local code

**General Technical Characteristics**

1. Functions processed by microprocessors
2. Temperature adjustable from 18°C to 60°C (64°F to 140°F)
3. Adjustable operation time from 0-60 minutes.
4. Digital temperature sensor
5. Dual interior and exterior soft touch keys
6. Vital Rays Far Infrared Carbon Tech heaters

**Electrical Configuration**

1 and 2 Person Sauna  
3 and 4 Person Sauna  
240v Sauna

**Packaging and individual panel information**

The sauna comes packaged in 2-3 large boxes:

The unit number of the carton boxes MUST MATCH.
Example: "NO.001 1 OF 2" and "NO.001 2 OF 2".

NOTE: DO NOT mix box numbers because the sauna kit cannot be installed together or exchanged.
# Parts List of a Sauna Kit

<table>
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<th>Top Panel</th>
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<tr>
<td>Bench Panel</td>
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</tr>
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<tr>
<td>Back Rest(s)</td>
<td>CD Stereo and Wooden Box</td>
</tr>
<tr>
<td>Air Ionizer Aroma</td>
<td>Door Handles</td>
</tr>
<tr>
<td>Inside Control Panel</td>
<td>5 Screws (2 Long, 2 Medium, 1 Short)</td>
</tr>
</tbody>
</table>

Below are pictures of individual panels for the 2-person model. Other models vary.

![Sauna Kit Panels](image)

**PLEASE FIND OUT THE SAME NUMBER OF THE CARTON BOX.**
**FOR EXAMPLE: "NO.001 1 OF 2" FIT 
"NO.001 2 OF 2" on carton package. THEN YOU CAN ASSEMBLE OUR SET VERY EASILY.**
1. Left Side Panel  
2. Digital Control Panel  
3. Front Panel  
4. Bottom Panel  
5. Bench Heater Panel  
6. Bench Panel  
7. Right Side Panel  
8. Back Panel  
9. Top Panel  
10. CD Player  
11. Light  
12. Hinges
• • Installation Information

a. Do not plug any other appliances into the wall outlet used by your sauna.
b. The sauna should always be placed on a fairly leveled surface.
c. The sauna must be placed indoors and in a dry area.
d. Do not spray the exterior or interior with water. If the floor is damp, install a floor separator to keep the sauna high & dry.
e. Do not store flammable objects or chemical substances near the sauna.

• • Assembly Instructions for 1, 2 and 4 Person Saunas

3 Person Corner Unit Instructions are on Page 27.

Assembly of the sauna requires at least 2 adults to complete. Please read the instructions thoroughly before and during assembly to ensure proper installation of the unit. If you encounter any problems or have questions during assembly, please feel free to call our Customer Service for support.

(1) LOCATION OF SAUNA
When determining a location for your sauna, please keep in mind the following:
1. The Main Power Cord on the sauna must be easily accessible.
2. The location must be dry and leveled.

(2) PLACING BOTTOM PANEL
Place the Bottom Panel on the ground and make sure that the "FRONT" sticker is facing the direction where the front of the sauna would be.

BACK

FRONT
(3) CONNECTING BACK PANEL TO BOTTOM PANEL
Connect the Back Panel to the Bottom Panel by lining up the Back Panel on the groove of the Bottom Panel.

Keep in mind that the Back Panel will not have enough support alone until the Side Panels have been installed in place.

(4) CONNECTING LEFT SIDE PANEL
Connect the Left Side Panel to the Back Panel by lining up and fastening the Outer Buckles.

1. Each Side Panel has a white label to identify which side it is. The panel with “LEFT PANEL” label should be placed on the left side when facing the sauna from the front.
(5) CONNECTING THE FLOOR HEATER PANEL
Extend the Floor Heater cable and plug it to one of the outlets located on the Back Panel. Make sure the connection is secure.

(6) INSTALLING BENCH HEATER PANEL
Slide down the Bench Heater Panel by lining up its sides with the Vertical Guides on each Side Panel.
1. Bench Heater Panel must be positioned so that the "TOP" sticker is facing up and the heater panel facing outwards.
(7) PLUGGING BENCH HEATER CABLE
Plug in the Bench Heater Cable to one of the Outlets located on the Back Panel. Make sure connection is secure.

(8) INSTALLING BENCH PANEL
Install the Bench Panel by sliding it over the Horizontal Guides on each Side Panel. Be careful not to scratch the Side Panels when doing so. Make sure to position the Bench so that the "BACK" sticker is facing back, the smooth and finished sides of the Bench are facing up and forward.
(9) CONNECTING RIGHT SIDE PANEL
Connect the Right Side Panel to the Back Panel by lining up the outer buckles and fastening them.

(10) CONNECTING FRONT PANEL
Place the Front Panel onto the recessed area where the “Front” sticker is. Align outer buckles with both Left and Right Panels and fasten them.
(11) PLACING TOP PANEL

1. Remove the top roof wood dust cover by removing all the screws from the edges. You will need to access the cables from the top in the next step. The dust cover should only be used if the sauna is placed in a dirty environment or outdoors on a covered patio because it traps heat on the major components located on top of the sauna.

2. Position the Top Panel over the assembled panels. Get the cables from the back, right and left assembled panels and push them into the aligning holes of the Top Panel.

3. You will find the touchpad controller wires, stereo wires and air ionizer wire dangling down from the Top Panel corners. These wires need to be dangling inside the sauna unit.

4. Gently place the Top Panel onto the rest of the assembled panels. When all four corners are in place, gently push down the Top Panel from the outside corners until it is snugly fit over the rest of the panels. Make sure that the cables around the corners do not get pinched between the panels.

⚠️ THE TEMPERATURE SENSOR READER CABLE WILL BE HANGING FROM THE MIDDLE OF THE CEILING. DO NOT PULL OR REMOVE IT. It is a small 1 inch black cable.
(12) HEATERS POWER CABLES CONNECTIONS
All the walls’ heaters are pre-wired inside each wall. The black power cables are on the top of the Top Panel. Connect all cables.

1. From the top of the sauna, locate all the heater power cables and connect them to their corresponding cables. Once all cables are securely connected, replace the top roof wood cover and screws.

(13) INSTALLING THE CD-PLAYER STEREO
The CD-player system is to be installed in the upper left corner of the back panel. Locate the open wooden box and 2 medium screws.

1. Slide the CD-player into the wooden box. The top of the CD-player should be facing to the open part of the box and exposed.

2. Locate the stereo wires dangling down from the upper left corner of the Top Panel and plug them to the back of the CD-player.
Note: The sauna could be equipped with additional cables for a DVD option. These extra cables will not be used with saunas that come standard with a CD stereo system only.

3. Position the CD-player wooden box in the inside upper left corner of the sauna. Manually screw in the medium screws one in each hole of the wooden box. Note, install the screws with caution so that you do not crack the wood.

(14) CONNECTING THE CONTROL PANEL

Locate the Inside Control Panel with the wood frame around it and the two large screws. Place the Inside Control Panel on the inside upper right corner of the Front Panel.

Plug the 7 pin’s plug onto the 7 pin’s socket of the control panel. Feed the wire through the Top Panel and secure the connection.
(15) INSTALLING THE OXYGEN IONIZER
Locate the Oxygen Ionizer with Aromatherapy and one small screw.

1. Remove the small cover from the back of the Oxygen Ionizer and install the aroma strip on the back of the Ionizer that was provided in the accessory box.
2. Replace the cover on the back of the Oxygen Ionizer.

3. Locate the dangling wire from the upper front corner of the inside of the Top Panel and plug it into the side of the Oxygen Ionizer.
4. Drill in the small screw in the top left corner and hang the Oxygen Ionizer in place.
(16) DOORKNOB INSTALLATION

1. Install the Inside Doorknob first by inserting the long screws through the holes.
2. Install the Outside Doorknob by inserting the screws into the holes and tightening them.

(17) PLUG YOUR SAUNA INTO THE WALL OUTLET.

IT IS READY TO BE ENJOYED BY YOU AND YOUR FAMILY!!!
Digital Control Operating Instructions

DIGITAL KEYPAD INSTRUCTIONS:

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<th>Button</th>
<th>Function</th>
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<tbody>
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<td>SET/ TEMP + / Temp - Buttons</td>
<td>Adjust the temperature</td>
</tr>
<tr>
<td>TIME+/- button</td>
<td>Adjust the time</td>
</tr>
<tr>
<td>POWER button</td>
<td>Power on/off</td>
</tr>
<tr>
<td>POWER/HEAT/SET indicator</td>
<td>Status Indicator</td>
</tr>
<tr>
<td>LIGHT button</td>
<td>Reading Light</td>
</tr>
</tbody>
</table>
PLUG IN THE POWER CORD TO THE ELECTRICAL OUTLET.

A) START-UP
1. Press POWER button to turn the power on, POWER INDICATOR turns on.
2. Press “SET” button and then the “°C/°F” to change it to Fahrenheit. If no button is pressed within 10 seconds, the sauna will automatically start with preset settings of 38 minutes and 40°C (104°F) factory default.

B) TEMPERATURE AND TIME
1. Press “SET” button again, SET INDICATOR turns on.
2. Press “TEMPERATURE+” button to set the desire temperature. Temperature value will increase by 1 degree at a time (by holding down the +/- keys, you can speed up the rate of change). Press “SET” key again and now the temperature window displays the actual sauna temperature.
3. Press “TIME +” button to set the timer. Temperature value will increase or decrease by 1 minute at a time. By holding down the +/- keys, you can speed up the rate of change. The Time window displays the count down time until 00 when heating is stopped.

C) TURN OFF THE SAUNA
Press POWER button again to turn off the sauna.

D) SWITCHING BETWEEN °F AND °C
When in the state of non-setting mode, press °F/°C button, to alternate between double-digit Centigrade and three-figure Fahrenheit. The °F/°C indicators will be lit accordingly.

E) READING LIGHT
Press LIGHT button to turn on or off interior light.

F) INSIDE CONTROLLER
If you choose the inside controller, the operation method is just the same as the outside
control panel.
NOTE: If left unused for a long time, please unplug the power cord.

• • • **Oxygen Ionizer Application Guide**
(Only suitable for the models with Oxygen Ionizer)

Ionizer Release negative ion to purify the air, dispense natural floral fragrances to enhance people's mood, and help stimulate relaxation.

1. Turn ON ION, to release negative ion to purify the air

2. Turn ON O3 , to disinfect the ozone.

3. Turn to OFF, to shut down Ionizer.

**Replacing the fragrance box**

1. Take off the oxygen ionizer

2. Remove the back cover piece

3. Take out the floral fragrance strip and replace with new one.
How to control the new integrated Chromotherapy light from the main controller. See instructions below.

**Color Therapy Light**

1. Hold down the “LED Light” button for 2 seconds until the temperature display screen shows “XL” (X is from 1 to 9 digits), pressing the “TEMP + \-” button will change the color of the LED light. When the time display screen shows “——” (no time limit), pressing the “TIME + \-” button to set the amount of time the color therapy light will stay on from 1 to 60 minutes. The selected color will be the one stored in memory.

2. Color therapy light set:
   - 1L---Gradual change
   - 2L---Hopping change
   - 3L---All open
   - 4L---Red blue
   - 5L---Blue
   - 6L---Blue green
   - 7L---Green
   - 8L---Green red
   - 9L---Red
Chromotherapy Light With Separate Controller

Operating

(1) POWERING ON
Press ‘Power’; The display will show ( - - ) while digital therapy lights begin working rotating through the 7 colors.

(2) COLOR SELECTION
When the desired light is displayed (while the colors are being rotated in Step 1), press ‘Choose’ to select the current light color. The color rotates in the following sequence: Red, Green, Blue, Yellow, Aqua, Magenta, White

(3) TIME SELECTION
Press the ‘set’ button; the display will then begin to flicker. Press the (+) and (-) buttons to set the timer between 1 and 60 minutes. The timer will immediately begin counting down.

(4) POWER OFF

**Chromatic Benefits**

*Chromatic Therapy is the use of energy generated by light and color to create a balance between the physical, mental, emotional, and spiritual energies of the body. Different light colors aim to create this balance by boosting or soothing energies of the body.*

RED - Stimulates the heart and blood flow.
BLUE - Calms the body and stabilizes breathing.
GREEN - Increases emotions and sense of responsibility.
YELLOW - Helps physical strength and self-awareness.
AQUA - Grows physical and spiritual communication
MAGENTA - Opens mind with universal energies and ideas

• • • Magnetic Flux Therapy

Helps increase blood circulation which helps:

- Diabetes
- High Blood Pressure
- Lowers Cholesterol
- Softens Arteries
- Reduces swelling
Magnetic Therapy is a non-medical method for the treatment of discomfort. Over the past years, publicity and awareness of magnets to help eliminate discomfort and enhance the body's natural healing process has increased dramatically.

News articles and books have been published to educate consumers on the uses, benefits and availability of magnets.

<table>
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<tbody>
<tr>
<td>Promotes sound, restful sleep</td>
</tr>
<tr>
<td>Calms the nervous system</td>
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<tr>
<td>Assists in relief of addictive tendencies</td>
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**Understanding Infrared Heaters**

The Sauna has a maximum temperature of 140 degrees. However, please keep in mind also that this is an infrared sauna and not a traditional sauna so it does not depend on ambient temperature alone to make you sweat. The optimum temperature in an infrared sauna is about 125 to 130 degrees compared to 160 to 180 degrees of a traditional sauna.
Far infrared is a penetrating heat which is more effective for making you sweat and allows for much longer sessions in the sauna. This is because the Far Infrared Sauna is using a complete different technology then a traditional sauna. Far Infrared Rays penetrate up to two inches into your body dislodging stubborn toxins from fat tissue therefore allowing for deep tissue toxins to be released from your body in your sweat. It is literally heating you from the inside out. Unfortunately as you increase the ambient temperature you decrease the length of time that you can remain in the sauna. For example the average adult can safely stay in a traditional sauna for only about 10-15 minutes. However, you can remain in an infrared sauna at optimum temperature for about 40 minutes. It is important to be able to stay in the sauna long enough for a deep tissue detoxification. It generally takes a person about 10-15 minutes to start sweating in an infrared sauna, but once you start it’s like the flood gates open.
Making sure your Infrared Heaters are optimal

The two person sauna should be able to reach 130-140 degrees with the top vent closed in 30 to 40 minutes at normal room temperature. Below are additional items to check:

1. Make sure the top vent is closed

2. Make sure that the maximum temperature on the controller is set at 140 degrees

3. Verify that every heater is working properly by touching the heater briefly to see if it is hot. The floor and calf heaters do not get as hot as the wall heaters by design.

4. Check voltage at power source with a voltage meter (120V)

5. Make sure that other appliances are not coming off the same breaker which could limit the power available to the sauna. Remember the sauna pulls 15 Amps of power so it is best to have 12 gauge wire coming from the receptacle to the breaker for the most efficiency.

6. Make sure that the heaters are not being tripped off early by the power supply. The heaters are supposed to trip off when the sauna reaches the max temperature set on the controller and trip back on when the heaters reach 2 degrees below the maximum set temperature. You can actually hear the heaters trip on and off if you listen carefully.

7. Verify that the temperature probe located on the ceiling of the sauna is hanging down from the ceiling about two inches, if not gently pull it wire down.

8. Take an external thermometer inside the sauna to determine if the temperature sensor is working properly in other words maybe we have a calibration problem and it is actually hotter than the controller shows.
Magnetic Flux Therapy Frequently Asked Questions

How do I know if my sauna is equipped with Magnetic Flux Therapy?

If you were sold a sauna with Magnetic Flux Therapy, there are several ways you can verify.

1. Magnets attract three types of metals; Nickel, Iron, and Cobalt. While the sauna is unplugged, you can run a robust piece of metal across the back panel and bench. Doing so will cause the magnets to attract and pull on the piece of metal. Items such as a key may or may not work because most are made of composite metals.

2. If you have your own magnet with a strong magnetic gauge reading, you can run it along the sauna and feel a pulling or repelling action that is unmistakable. Make sure the sauna is unplugged when attempting this.

How many magnets are in my sauna?

Our sauna models carry different numbers of magnets.

D1: 8 Magnets ; -4 Backrest, -2 Seat, -2 Floor Cover
D2: 16 Magnets: -8 Backrest, -4 Seat, -4 Floor Cover
D3: 36 Magnets: -24 Backrest, -6 Seat, -6 Floor Cover
D4: 24 Magnets: -12 Backrest, -6 Seat, -6 Floor Cover

Why can’t I see the magnets?

The magnets are embedded within the wood paneling. In order to visually see them, wood panels would have to be lifted and removed (not recommended).

For our Backrests, the magnets are typically 6mm deep in the wood.
For our Bench and Floor, the magnets are typically 4mm deep in the wood.

How strong are the magnets?

Our magnets gauge is 12MM; in the strong magnet range
ENJOYING YOUR SAUNA

Use Instructions

Review all health and safety instructions. If in doubt as to the advisability of using your infrared sauna, consult with your physician. If you feel light headed or heat-exhausted during a session, exit the sauna immediately.

1. Set the temperature to a comfortable level, normally, 40-60°C (104°F to 140°F).

2. Allow approximately 20-25 minutes for the sauna to warm up before beginning a session.

3. Perspiration will begin in approximately 15 minutes after stepping into the unit. We recommend that a sauna session does not exceed 45 minutes.

4. When the temperature reaches the level set on the thermostat, the heaters will turn off and on periodically to maintain the desired temperature level inside of the sauna.

5. The front door and ceiling vent can be opened at any time to introduce fresh air into the sauna.

6. Infrared's unique property of direct penetration into the body without heating the intervening air in-between allows sauna users to enjoy all of its benefits while the door or window of a sauna is open for ventilation.

7. Always drink plenty of water before, during, and after a sauna session. Doing so will replenish lost fluids from the body through perspiration.

8. Choosing to take a hot shower or bath prior to the sauna session will further promote perspiration. However, dry off thoroughly before going into the sauna because excessive water will stain or warp the wood. A shower after the session is refreshing and rinses perspiration from the body.

9. To absorb perspiration and keep the sauna tidy during the session, place a towel on the bench. Keep one towel handy to wipe excessive sweat from your body.
**Tips for Use**

1) To regulate the temperature inside the sauna during your session, use the roof vent or the door window (by setting it at an angle).

2) If you feel the need for more cooling, simply leave the door open until the air around you feels comfortable enough.

3) Drink plenty of fluids prior to, during, and after your session.

4) If you take a hot/warm shower or bath before your sauna session, you may perspire more. Try it with and without bathing or showering first to determine which way you prefer.

5) To utilize the sauna’s heat therapy effect, give your hair a hot oil treatment while in the sauna. Put oil or treatment into your hair and wrap it with a towel. After the session is over, rinse your hair thoroughly.

6) Use at least 2 towels. Sit on one towel folded over for added cushioning. Use another towel wipe off sweat.

7) Be sure to towel off excess sweat during your session to help the body perspire more freely.

8) To help relieve sore and tense muscles, massage the affected areas while in sauna to help heal faster.

9) Shaving your face or legs with a razor while profusely sweating in a sauna yields an incredibly smooth result without the use of gels or foams.

10) Do not eat anything at least an hour before your sauna session, it is better to go in the sauna on an empty stomach. You are more likely to feel uncomfortable sitting in a sauna with a full stomach.

11) To make the most out of your sauna session, work your muscles while in the sauna. Stretch your arms and legs, massage your neck, massage your feet, etc.

12) You can benefit from the relaxing and soothing effects of a regular sauna session by going to sleep afterwards. The peaceful and relaxed state rendered by a sauna session will help you sleep easier and better.

13) At the first sign of cold or flu, increasing your sauna sessions may be beneficial in boosting your immune system and decreasing the reproductive rate of the viruses.

14) Consult your physician for the proper treatment for this or any other conditions.
To treat your ankles and feet more effectively, you must elevate them while inside the sauna. Any area that you wish to achieve a specific deep heating effect in should he moved as close to one of the heaters as feels comfortable.

After the session is over, do not immediately jump into the shower. Since your body was heated up during the session, it will continue to sweat even after the heaters are off. Sit in the sauna with the door open and let the body sweat a little more while it cools off. After you feel comfortable enough, take a warm shower and finish it off with a cold shower to cool off completely.

**Warnings**

**Safety Instructions**

1. Read and follow all instructions carefully.
2. When installing and using this electrical equipment, basic safety precautions should always be followed.
3. Do not use the sauna immediately following strenuous exercise. Wait at least 30 minutes to allow the body to cool down completely.

**Safety precautions**

a. To avoid fire, do not dry clothes or leave any towels in the sauna.
b. To prevent burns or electric shocks, do not touch or use metal tools on the net cover of the far infrared heater elements.
c. While in the sauna, do not touch the light bulb. If the bulb needs to be changed, switch it off and wait until the sauna is shut off and the bulb is cool.
d. Do not spray water on the far-infrared heaters. This activity may result in damage to the heater elements.
e. Do not use the sauna if you have any of the following conditions:
   1) Open wounds
   2) Eye diseases
   3) Severity sunburns
   4) Elderly & weak people, especially those suffering from a disease, pregnant women and infants are prohibited. Children over the age of 10 years of age may use the sauna under the supervision of adults.
5) If suffering from a disease directly related to temperature, seek the advice of a doctor before use.

6) Persons suffering from obesity or with a medical history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician prior to using the sauna.

7) Persons using medications should consult a physician before using. The use of a sauna with certain medications may induce drowsiness while others may affect heart rate, blood pressure, and circulation.

8) Do not place pets in the sauna.

9) Do not use the sauna if you are under the effects of alcohol. The use of alcohol, drugs, or medications prior to or during the sauna session may lead to unconsciousness.

**Disclaimer:** All information contained within this manual is for informational and educational purposes only and it is not to be considered promises, guarantees or warranties. Vital Saunas Inc., its employees and representatives are not medical professionals nor should the information on this manual be considered to be medical advice. It is neither implied nor should it be inferred that infrared saunas with magnetic therapy prevent, treat or cure any disease. Consult your personal physician prior to the use of an infrared sauna or any type of magnetic therapy. If you have certain health conditions, consult with your physician for clearance before purchasing a Vital Sauna. Information and statements provided on this manual about our saunas have not been evaluated by the Food and Drug Administration. The author will not be held responsible for anyone using this information to treat themselves or others.
**Limited Lifetime Warranty**

We guarantee the sauna against defects in material and workmanship for the following terms from the original purchase date.

- **Cabinetry** *Lifetime Warranty*
- **Heaters** *Lifetime Warranty*
- **Controls** *Lifetime Warranty*

The Radio/CD Player carries its own manufacturer warranty of 1 year.

This warranty extends only to the original retail purchaser of the sauna and terminates upon transfer of ownership. It does not extend to commercial or institutional use (Heaters: 12 months, Cabinetry: 12 months, Electrical Components: 12 months, CD Player: 12 months for commercial or institutional use). Variations in wood color, finish and normal wear are not cover by the warranty.

Freight charges to and from the customer are the responsibility of the customer.

This warranty is void if the sauna has been altered, misused, or abused. Such instances shall include operation or maintenance of the sauna in deviation to the published instructions. The warranty extends only to the manufacturing defects and does not cover any damages resulting from mishandling of the product by the owner.

We shall not be liable for the loss of use of the sauna or other incidental or consequential damages. Specifications are subject to change without notice.

For your record, please complete the following information. You will need to refer to this information when calling the manufacturer for customer service.

<table>
<thead>
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<th>Date of Purchase</th>
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<tbody>
<tr>
<td>Date of delivery</td>
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<tr>
<td>Model Number</td>
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<tr>
<td>Serial number</td>
<td></td>
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<tr>
<td>Dealer Information (Name &amp; Phone)</td>
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</table>
**Frequently Asked Questions**

⚠️ MAKE SURE TO SHUT OFF THE SAUNA BEFORE TROUBLESHOOTING.

1. **The control panel does not work**

<table>
<thead>
<tr>
<th>Problem</th>
<th>Explanation</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>The power indicator is not on.</td>
<td>1. Needs to be reset</td>
<td>1. Press current protector reset button.</td>
</tr>
<tr>
<td></td>
<td>2. Control Panel won’t respond</td>
<td>2. Call Customer Service to diagnose problem and help</td>
</tr>
<tr>
<td>The soft keys do not work.</td>
<td>Unplug sauna. Wait a minute and plug back into power source.</td>
<td></td>
</tr>
</tbody>
</table>
2. Reading light does not work

<table>
<thead>
<tr>
<th>Problem</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 The bulb filament burned out.</td>
<td>Change the bulb (&lt; 40 watts).</td>
</tr>
</tbody>
</table>

**Change the bulb**
Push down the bulb together with the cover from the top panel, then pull down the plug. Take off the metal pin around the bulb while also take down the broken bulb. Next, put a new bulb into the original place. Put on pin and install onto the top.
Circuit Diagram
3. The Vital Rays heater does not heat up

<table>
<thead>
<tr>
<th>Problem</th>
<th>Explanation</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Part of the heater does warm up.</td>
<td>The heater is defective. A portion of the heater is not connected well or is burned out.</td>
</tr>
<tr>
<td>2</td>
<td>The entire room does not heat up.</td>
<td>The relay is damaged. The control panel is damaged. The plug is not plugged in correctly.</td>
</tr>
<tr>
<td>3</td>
<td>Bench heater does not heat.</td>
<td>The bench heater cable is not plugged tightly into the outlet on the Back Panel.</td>
</tr>
</tbody>
</table>

**Change the Vital Rays heater**
1. Unscrew the screws of the out cover and displace them.
2. Take the carbon fiber heater panel away and unplug the wires.
3. Replace with a new heating panel and connect the wires.
4. Cover the heating panel and tightly put in the screws of the new heating panel.


**Vital Rays heaters**

- Maintenance

  **Cleaning**
  a. Clean the faceplate with a wet towel or clean with a small amount of hand-soap mixed with warm water if necessary. Clean the sauna room with a wet cotton towel then dry with a clean dry towel. Do not use benzene, alcohol, or strong cleaning chemicals on the sauna cabin.

  ![](image)

  NOTE: Any chemical that can damage wood material will damage the sauna and the protection layer that is on the wood.

- Transportation and storage

  1. Avoid exposure to rain, snow or strong collisions during transport.
  2. Do not store in damp environments.
3 Person Corner Model only:

(1) Place the bottom panel on the ground.

(2) Connect the left back panel to the bottom panel by lining up the back panel on the groove of the bottom panel. Align outer buckles and fasten them.

(3) Connect two back panels by lining up buckles and fastening them securely in place.
(4) CONNECTING THE FLOOR HEATER PANEL
Extend the Floor Heater cable and plug it to one of the outlets located on the Back Panel.

(5) INSTALLING BENCH HEATER PANEL AND BENCH SEATS
Install the Right Bench Heater first by sliding it over the Vertical bench guides. Then install the Left Bench Heater.

1. Bench Heater Panel must be positioned so that the "TOP" sticker is facing up and the heater panel facing outwards.

2. Plug in the Bench Heaters Cables to the Outlets located on the Back Panels. Make sure the connection is secure.

3. Install right and left benches. Be careful not to scratch the adjacent panels when sliding in the bench. Push the benches all the way in until they touch the back panel and are securely in place.
(6) CONNECTING THE FRONT RIGHT & LEFT PANEL TO THE FRONT PANEL

Place the Front Panel onto the recessed area of the front Bottom Panel. Align and connect the Right Panel to the Front Panel by interlocking the inner hinges (see picture on the right). Next, connect the Left Panel to the Front Panel by interlocking the inner hinges.

(7) CONNECTING THE FRONT PANELS TO THE BACK PANELS

Once the Front Panel is securely connected to the Right Front and Right Left Panels, connect them to the Back Panels by aligning and fastening the outer buckles located on the outside of the back walls.
(8) INSTALLING THE TOP PANEL

1. Remove the top roof wood cover by removing all the screws from the edges. You will need to access the cables from the top in the next step.

2. Position the Top Panel over the assembled panels. Get the cables from the back, right and left assembled panels and push them into the aligning holes of the Top Panel.

3. You will find the touchpad controller wires, stereo wires and air ionizer wire dangling down from the Top Panel corners. These wires need to be dangling inside the sauna unit.

4. Gently place the Top Panel onto the rest of the assembled panels. When all corners are in place, gently push down the Top Panel from the outside corners until it is snugly fit over the rest of the panels. Make sure that the cables around the corners do not get pinched between the panels.

⚠️ THE TEMPERATURE SENSOR READER CABLE WILL BE HANGING FROM THE MIDDLE OF THE CEILING. DO NOT PULL OR REMOVE IT. It is a small 1 inch black cable.

(9) FOLLOW THE REST OF THE INSTALLATION INSTRUCTIONS STARTING FROM PAGE 10 THROUGH PAGE 13.

PLUG YOUR SAUNA INTO THE WALL OUTLET AND ENJOY!!!
<table>
<thead>
<tr>
<th>Model</th>
<th>Specifications</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Dimensions (in)</td>
</tr>
<tr>
<td>1 person</td>
<td>38 x 42 x 75</td>
</tr>
<tr>
<td>2 person</td>
<td>50 x 44 x 75</td>
</tr>
<tr>
<td>3-4 person Corner Unit</td>
<td>60 x 39 x 32 x 75</td>
</tr>
<tr>
<td>4 person</td>
<td>72 x 50 x 75</td>
</tr>
</tbody>
</table>

**NOTE:** Dimensions are for Bottom Floor Panel only. For Top Panel, add 4 inches to Depth Dimensions.